

Stand Up



Be the Solution

Stop Violence Against Women and Girls



This project was supported by Grant No. 2012-WM-AX-K014 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

A bystander is someone who sees a concerning interaction between individuals where someone is being either verbally, physically or emotionally abusive. A bystander may or may not know what to do.

Bystanders can choose to be a part of the problem or part of the solution.

Be a part of the solution, stand up against violence against women and girls.

- Make it clear to others that you won't be involved in abusive behavior.
- Never stand by and watch or encourage someone to say or act in an abusive way toward women and girls.
- Stand up to support a woman or girl who is being abused. A way you could do this safely would be to offer to go with them to a place they can get help.
- Report abusive and violent behavior to a trusted adult such as a teacher, a school counselor, a parent, or a manager at your job.
- If you think that someone is in physical danger report it to a trusted adult and/or the police.
- If the abuse is happening on a social media site such as Facebook, report it to the site and/or a trusted adult.
- Never harass, say negative things, or gossip about women and girls including on social media sites.
- Never forward or respond to messages and jokes that make fun of women and girls.

Make a difference, be a part of the solution, stand up against violence against women and girls.

Florida Domestic Violence Hotline
1-800-500-1119
TTY 1-800-621-4202
Florida Relay 711